



## DO THIS FIRST - Insurance Checklist - Medicare (Including Medicare Advantage)

### This checklist is ONLY for clients with Medicare

We can only work with Type 2 Diabetes diagnosis or Chronic Kidney (Renal) disease diagnosis (not on dialysis). Medicare provides 3 hours of nutrition counseling the first year and you can obtain more hours with a second referral from your doctor (for example with change in health status via A1C for diabetes) which will allow another 3+ hours. 2 hours are automatically covered the following year.

You must have a diagnosis of Type 2 Diabetes or Renal disease - if not, you will not have coverage: \*

I do

You must also have a referral from your doctor to work with a RD/LN \*

I do

*Contact your primary care physician to submit a referral notification for nutritional counseling to the health insurance. Once obtained, it is important to get the referral number that the insurance will generate. Your primary care physician can also fax this information to us at (612) 677-3062.*

The referral number: \*

My primary care physician is also going to fax this information to us at (612) 677-3062. \*

Yes  No

3. Medicare will automatically cover 3 hours of your Clinical Nutrition Membership. You have the option to get a second referral for additional insurance coverage or to pay the remaining Membership balance at the cash-pay rate up front. Choose one: \*

I agree to meet with my doctor within 30 days of working together to have my A1C checked for diabetes or other testing for renal disease to obtain a second referral for a change in my health status.\*

I decline to schedule a second doctor's appointment and will pay the remaining cash-pay balance upfront

*Standard scheduling for your 3 allotted hours will look like this: 90-Minute Initial Consultation, 50-Minutes the following week, 25-Minutes the week after that (3rd week).*

*\*The 4th week is when you will be seeing your doctor to obtain additional insurance coverage.*



Have you ever worked with a nutritionist or dietician? If we are your first experience we need to use different medical codes compared to if you've seen someone before \*

This is my first time working with an RD/LN  This is not my first time

**Primary Insurance Details**

Insurance Type \*

MEDICARE  MEDICAID  TRICARE CHAMPUS  
 CHAMPVA  GROUP HEALTH PLAN  FECA BLK LUNG  OTHER

Insurance Plan Name or Program Name \*

---

ID \*

---

Insurance Company Name (Payer Name) \*

---

Payer Id \*

---

Payer Address

---

Payer City

---

Payer Country

---

Payer State

---

Payer ZipCode

---

Valid From

Valid Until

Policy Group/FECA #

---

Copay

---

Deductible

---

Employer/School Name

---

Comments

**Insured Person Details**

Patient Relationship \*

Self  Spouse  Child  
 Other



**Thrive Nutrition, LLC**  
**5739 Garfield Ave**  
**Minneapolis, Minnesota, US - 55419**

First Name \*

---

Last Name \*

---

Date of Birth \*

---

Sex \*

Male

Female

Unknown

Address Line 1

---

Address Line 2

---

City

---

Country

---

State

---

Zip Code

---

Home Phone

---

Mobile Phone

---

List any secondary and tertiary insurance coverage you may have: \*

---

If you have Medicare primary and a private medical for secondary insurance, in almost ALL cases, your secondary will not allow you to use their MNT benefits. If you call your secondary, you need to tell them you have Medicare as primary and then they can tell you \*

I only have Medicare

I have a private secondary and want to check my potential benefits with them and I will let them know I have Medicare as primary (put your findings in others)